Topside Joints (without side muscle, fat added)
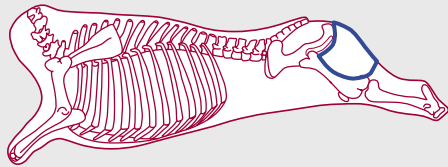
1. Position of the topside.

2. Square cut the side muscle of the topside

3. Cut the remainder into three equal sized pieces.

4. Place a sheet of cod fat (maximum thickness 10mm) over the centre of the lean side of the joint.

5. Tie and secure with string at regular intervals.

6. Square ends…

7. as illustrated.

8. Cut into joints of the required size.

QUALITY STANDARD beef English

AHDB BEEF & LAMB